



San Diego Vaulters



Dear Vaulters and Parents,

Welcome to the wonderful sport of vaulting! Our vaulting team is finally coming together and our vaulters (and parents) are doing a great job. I am so excited to begin this journey with everyone. Here is some basic information about our team and equipment needed. Please feel free to contact me (Veronica Turner) with any additional questions or concerns you may have.

Current Practice Times: Wednesdays 4:30- 6 pm . Sundays 4:30-6pm We will add additional classes if our class size begins to grow too large. Our goal is always to give our best attention to our students.

Monthly Membership Dues: \$160 monthly dues, paid at the beginning of every month payments received after the 5th of every month will be considered late payments. Monthly dues include once per week practice and give a \$10 off discount on private lessons. Please make checks payable to "San Diego Beach Rides"; we also accept credit cards with 5% service fee. Please note that there are no make-ups or refunds for missed classes.

Additional Practice: We offer private one on one training for \$60 per hour or if you pay monthly dues, private lessons are offered at \$50 per hour. Non member drop in fees for the practices are \$50 per class. First lesson is free for new vaulters!

What to wear: tight fitting clothing/leggings, T-shirt, flat soled shoes, hair pulled back if long, no jewelry please.

What to bring: Water bottle, sunscreen and a smile! ☺

Helpful websites:

www.pvsupply.net (has vaulting shoes)

www.americanvaulting.org (information on the sport)

Contact Information: veronicaturner25@gmail.com –Veronica Turner, head coach

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